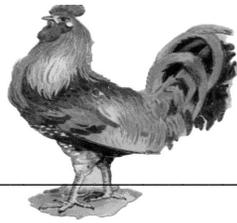


LowCountry Emmaus

And their eyes were opened, and they knew him. Luke 24:31

Volume 18 Number 7



July 2009

CALENDAR OF EVENTS

(Gatherings)

July 17th / 7:30 PM / Knightsville UMC

August 21st / 7:30 PM / St. Andrews Parish UMC

September 18th / 7:30 PM / Bamberg UMC

DIRECTIONS TO KNIGHTSVILLE UNITED METHODIST CHURCH

Knightsville United Methodist Church
1505 Central Ave
Summerville, SC 29483
(843) 871-3036

From I-26: Take exit 199 onto US-17A South. After you pass through the center of town, turn right on West 3rd South Street. Pass Bethany UMC, then turn left on Central Ave. Travel about three miles, and Knightsville UMC will be on your left.

From south via SC 165: Turn left onto West 3rd South Street, then follow the above instructions.

Gatherings are on the third Friday of each month, Beginning at 7:30 PM. Board meetings are on the 2nd Tuesday of each month, 7:00 PM at a location to be determined.

2009 FALL WALKS

(Tentative Dates)

Men's Walk—September 24th-27th

Women's Walk—October 8th-11th

Please be in prayer for Pilgrims that you would like to sponsor on upcoming Walks. The Registrar is now accepting applications for the 2009 Fall Walks.

FROM THE LAY DIRECTOR

Summer is here, folks are hitting the roadways and airways with family and friends, looking to get away from the routines of work and life. That was never more evident at the June Gathering at Bethel UMC in Walterboro, where a small but lively crowd was treated to uplifting praise music from the 11-member Bethel Agape Praise Band, followed by an inspirational 4th day talk from Charles Reeves.

Charles reminded us that God often sends us signs to get our attention. Are we paying attention or do we miss out? Charles shared how he and other folks in Ag Missions help farmers in distant countries work the land to produce food for their families. He shared how he and other folks mentor to 20 disadvantaged boys and girls in the Summerville area. These examples of God's love being shared and witnessed

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FROM THE SPIRITUAL DIRECTOR

I received a mailing recently about the importance of vacations. "Men who don't take regular vacations are 32% more likely to die of heart attacks, and 21% more likely to die early of all causes," it warned. "Women have 50% more risk of heart attack." It's important to have time away, now and then, from our regular routine and responsibilities.

The emphasis of that particular mailing was on annual vacations: taking a week or more (in the summer or some other time of the year) away from work and regular activities. Vacations, it noted, are good for our mental health. They are often some of our best memories. Most weeks of the year may be like any other, but we remember vacations when we spent time with family or friends, and we shared experiences together.

Vacations are important, but it's also important to make time, week in and week out, when we can step away from the routine and find rest. That's why one of the Ten



(Continued on page 3)

Low Country Emmaus Community Board of Directors 2009-2010

Lay Director	Dudley Patrick	843-881-0857	jdpatrick@bellsouth.net
Spiritual Director	David Lupo	843-856-9246	david@lupofamily.org
Vice Chair/Treasurer	Francis Harter	843-688-4483	fharterjr@yahoo.com
Secretary/Team Selection	Agnes Stewart	843-769-5142	agnesstew@bellsouth.net
Kitchen	Lynn Dukes	843-270-5004	ldukes@sc.rr.com
Literature/Letters/Supplies	Steve Waterhouse	843-437-0915	swater4579@aol.com
Agape	To be Filled		
Registrar	Leigh Peigler	843-814-0181	lpeigler@comcast.net
Gatherings	Carroll Cash	843-873-1037	cashbilly143@aol.com
Luggage/Transportation	Cliff Simpson	843-875-5342	csimpson3@sc.rr.com
Fourth Day	Robert Johnson	803-968-1289	rjohnson139@sc.rr.com
Music/Entertainment	Elaine Walter	803-707-0769	eawalter101@yahoo.com
Prayer Vigil/Refreshments	Teresa Strickland	843-871-1406	jstdhs@yahoo.com
Newsletter	Gerald Murray	843-737-4550	gcmurray2@comcast.net
Housing	Billy Gaines	843-766-2066	bilyngains@aol.com
Sendoff/Candlelight/Closing	Norman Murdaugh	843-871-6392	stumpbump@aol.com

Register your Pilgrims Now!

Treasurer's Report

Beginning Balance Checking	\$2003.97
Income—June Gathering (Bethel UMC)	279.75
Disbursements - Babysitting	40.00
Upper Room Materials For Walks	219.65
Ending Checking Balance	\$2605.81
Saving Account Balance	\$2562.69
Total on Hand	\$5168.50

25 by the 24th

Even though summer just got under way, the 2009 Fall walks will be here before you know it. The Lowcountry Emmaus Board is currently accepting applications for both the Men's Walk (Sept. 24-27) and Women's Walk (Oct. 8-11).

Please be in prayer for the Walks and for your opportunity to share this Emmaus experience with someone you know. If you need an application, simply go online to <http://www.umcsc.net/communities/lowcountryemmaus>, print out and complete the application, and send it with \$30.00 deposit to Lowcountry Emmaus, P.O. Box 51828, Summerville, SC 29485-1828. Applications can also be picked up or turned in at the July 17th Gathering at Knightsville UMC, or you can contact me at lpeigler@Comcast.net or 843-814-0181 and I'll be glad to send one out to you.

We already have several unconfirmed applications on file, and I will be contacting these sponsors over the next week to verify the status of their Pilgrim's application.

25 by the 24th? That means we need to have 25 for the Men's Walk by July 24th, and for the Women's Walk it's 25 by Aug. 8th. **Decolores - Leigh Peigler**

Condolences

The community extends its condolences to Leigh Peigler and family in the death of her mother who passed away on June 17th. Leigh has been a faithful member of the Emmaus community for many years and is a member of the LCE Board of Directors. Please keep her/family in your prayers.

(Continued from Lay Director, Page 1)

These examples of God's love being shared and witnessed to others – how did they happen? It's simple. God opened the eyes of Charles and his friends and they saw the need. And they responded.

Is God sending you a sign? Is there someone, a Christian friend at work, at church, in your neighborhood, that you've been meaning to talk to about attending the Walk to Emmaus? What are you waiting for? What a wonderful way to share and witness to God's love!

Notes from the June Board meeting . . .

Several Board member position descriptions are currently under review. A "new" team position, unofficially designated as "logistics coordinator", is under development. Nominations for the men's and women's lay directors in training for the spring 2010 Walks were discussed and approved.

Finally, the Team Selection committee for the men's and women's fall 2009 Walks met on Saturday 27 June 09 at Knightsville UMC. A slate of potential team members representing the diversity of the Low Country Emmaus Community was selected. The Board will meet in July to review and approve the slate.

With that, please be in prayer for the Lay Directors, the Spiritual Directors, and the team members for the upcoming Walks. Be in prayer for your Board. Be in prayer for the sponsors and the pilgrims that will once again experience the joy that is the Walk to Emmaus!

De Colores,

Dudley Patrick

(Continued from Spiritual Director, page 1)

Ten Commandments is "Remember the sabbath day, and keep it holy." We need rest, both for our physical health and for our spiritual health. If God himself rested on the seventh day, it's certainly presumptuous to think we can do without rest.

I hope that many of you will enjoy vacation time this summer. But whether you have a long vacation planned or not, make sure you take some time out of your usual routine to relax with God and with God's people. You'll be glad you did.

De Colores,

David Lupo

Did You Know That . . .

The LowCountry Emmaus website can keep you connected to what's going on in the Community. Check it out!

<http://www.umcsc.net/communities/lowcountryemmaus>

- Application for the Walk
- The most current monthly newsletter
- Newsletter archives
- Dates and times for upcoming events
- Directions to the Camp, Gatherings, Sendoff, Candlelight, & Closing
- Sign-up to receive the newsletter via email
- Sign-up to receive the community concerns & prayer list
- Bylaws and standing rules of the LCE Board
- Link to the International Walk to Emmaus web site

Low Country Emmaus - mailed from

**St. Andrews Parish United Methodist Church
3225 Ashley River Rd.
Charleston, S. C. 29414-7104**

Non-Profit Org.

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Permit NO 416**

Attention re-union Groups

Spring Walk agape

I have left-over Kitchen Table Agape for pick-up for all interested. What you pick up will be that much less you will need to make for the Fall Walks. You can reach me at 843-737-4550 or e-mail at gcmurray2@comcast.net. It also will be available at the Gathering at Knightsville UMC on the 17th. Those affected are:

Indianfield	Bamberg
1st Church of Nazarene, Sumter	Stallville
Cross	4 Girls & a Guy - Summerville
Sandollar- Mt. Pleasant	Grace
St. George	Sumter
Cokesbury	Bethany
John Wesley	Decolores, Gerald Murray - Former Agape Chair