

**BOARD OF
DIRECTORS:**

Lay Director:

Helen Cash

htc143@aol.com

(843) 696-9853

Asst. Lay Director:

NEEDS FILLED

Spiritual Director:

David Lupo

david@lupofamily.org

(843)200-3758

Asst. Spiritual Director:

Steve Gaither

sdgaither@umcscorg

803-542-1184

Secretary/Treasurer:

Mary Kay Wrenn

marykay.wrenn@yahoo.com

843-323-2130

Music/Entertainment:

Dominica Harrell

Dominicasmail@gmail.com

(817)308-1987

Kitchen: David Beal

jaxwildwingcafe@yahoo.com

(843) 209-5242

Fourth Day: John Lyons

lyon_john_j@yahoo.com

(843)708-9837

Luggage/Transportation:

NEEDS FILLED

Agape: Peggy Lawton

Lawtonp}@comcast.net

(843)813-6160

Facilities:

NEEDS FILLED

Gatherings:

Ronnie Brewer

r1brewer@homesc.com

843-754-9257

Newsletter: Becky Stacey
rebecca_stacey1969@yahoo.com (843) 697-0156

Registrar: Karen Ayers

Klayers49@yahoo.com

(843) 812-8644

Records:

David Wiley

wileynest@aol.com

843-767-8521

Literature/Supplies:

Marlene Harter

mharter10@yahoo.com

843-452-8175

Send off/Candlelight:

NEEDS FILLED

Member at Large:

Sue Runnerstrum

jandsrunner@gmail.com

843-870-2254

Lowcountry Emmaus Community

Volume 31 Number 7 July 2022

And their eyes were opened, and they knew Him ~ Luke 24:31

**July Gathering on Friday,
July 15th @ 7 pm
St. Andrews Parish UMC
3325 Ashley River Road
Charleston, SC 29414**

**Social time will start at 6 PM and
the “Gathering” to follow at 7 PM
Bring your favorite finger food to share.**



Please consider serving on the Board. We cannot continue as a community without a Board and we cannot have walks! There are still positions on the board to fill.

From our Community Lay Director: Helen Cash

Hello Emmaus Family,

On June 17, Grace UMC welcomed the Lowcountry Emmaus Community with warm fellowship and plentiful food. Thanks for hosting our gathering and feeding us! Peggy Lawton was the board member in charge. The Grace UMC Praise Band led the music, and it was so uplifting to hear them play and sing. Mike Ratcliffe gave the 4th day talk that blessed us all. Steve Gaither provided a thoughtful response.

Our 4th day speaker, Mike Ratcliffe, Tidewater Walk 55, Table of The Morning Light, shared the pain of his daughter's death and her courage in undergoing her cancer treatments. She had a baby girl at 28 weeks and 3 ½ pounds, and passed away 13 months later. He told how his church family wrapped their arms around him and comforted him with cards and letters and meals and prayers and love. On his Walk to Emmaus he met Jesus on Friday night, and a calm came over him. He also witnessed his roommate reading his Bible with a flashlight on Saturday night, who made peace with his estranged father. His heartfelt stories were a strong testimony to the amazing power of the Walk to Emmaus. In his 4th days, he has been busy for the Lord. He's worked at cold weather shelters set up by churches and helped with Habitat for Humanity. He made five trips doing mission work in Mississippi after Katrina. He served as President of the UMM and Chairman of the Stewardship Committee. He's active in Sunday School and a Leeds Avenue jail ministry. He took Disciple Bible Study for 4 years, and then taught it for 4 years. What a testimony about being the hands and feet of Christ. Thank you Mike!

On June 28, I attended an Emmaus Ministries Post-Pandemic Restart Seminar via zoom. The 2-hour session was informative and motivating. Some topics included why we do what we do and why is it important; partnering with churches; and having a clear understanding of our mission.

The presenters discussed healthy communities that are thriving. My notes show that healthy communities have:

1. An active Board of Directors
2. Healthy Sponsorship
3. Strong team selection
4. An Outreach team
5. Vibrant 4th days

They stressed we need to follow the original intent of the Walk to Emmaus which is renewing Christian disciples and strengthening local churches.

We Need Your Help.

Hope to see you at the next gathering on July 15 at St. Andrews Parish UMC, Charleston.



Decolores,

Helen Cash
Lay Director LCE

From Gatherings: Ronnie Brewer

The Low Country Emmaus Community held its June 2022 Gathering at Grace UMC in Charleston on 17 June. A “Special Thanks” goes out to Grace UMC for hosting the Gathering and providing all the refreshments for the social hour. A good time was had by all in attendance for the social time with plenty of snacks being devoured along with catching up/visiting with fellow Pilgrims. The Gathering took place in the Grace UMC Chapel with great music being provided by the Grace praise band. Board updates followed up with a wonderful 4th Day talk and Holy Communion.

Our July Gathering will be on 15 July 2022 at St. Andrews Parish UMC located in Charleston. Social time will begin at 6:00 PM (bring a finger food to share with others) with the Gathering being held at 7:00 PM. Masks are optional with social distancing as requested.

The Community is still in need of host churches for Gatherings. The August Gathering will be at Aldersgate UMC in Hanahan; the September Gathering at Mt. Tabor UMC in Ridgeville and the November Gathering at Pinopolis UMC in Pinopolis. If you have any questions concerning hosting a Gathering, please call me at 843 754 9257.

Look forward to seeing you at St. Andrews Parish UMC on 15 July!!

Decolores

Ronald L. Brewer, Low Country Walk #50/Table of John
Board Member in charge of Gatherings



From Fourth Day: John Lyons

Bread

Not long after I attended Low Country Walk to Emmaus #80, Table of Matthew, a line in the Lord's prayer captured my attention in a new way. You know it well. Matthew 6:11 "Give us this day our daily bread." Jesus taught

this prayer to His disciples, and they taught it to their followers and eventually all of us are encouraged to pray this prayer daily. When I was a youngster, I took the words literally and figured Jesus was going to make sure I didn't die from hunger. Nowadays, I have learned that Jesus understood that we needed bread for our bodies to survive but He also wanted us to realize that there is a spiritual part of our existence that needs to be nourished just as much as our bodies. In Matthew 4:3 The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." 4Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.' So I started to look at scripture as the "bread" I needed to feed the spirit inside of me. I especially love the parables Jesus told to the people looking to be fed spiritually because for me the stories make more sense and are easier for me to understand. Sometimes during my weekly Sunrise 4th day reunion group meeting I have shared what I gleaned from a particular parable and someone in the group will share an alternate perspective on the same parable. Having a 4th day reunion group is such a blessing. We review the reunion group card weekly to help each other stay on track in piety, study, and action. We share our Closest to Christ moments, our Call to Discipleship events, and our Discipleship Denied moments with each other. We lift each other up other in praise and prayer. Each Tuesday we endeavor to feed each other spiritually by sharing honestly and listening in humility. When we do this at our groupings, I believing we achieve what Jesus intended when He said in John 6:35 Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

Through the talks at the walk and the many 4th days since I have come to realize just how Jesus uses the simple concept of bread and its significance to life to reveal how His word is just as necessary to our daily living as food. When I partake in the Lord's supper it reminds how much He loves us. Jesus took on our sins and granted us salvation through His death on the cross. I pray that I never become nonchalant over how great this gift of salvation is. I also pray that the astonishment of this gift of salvation never diminishes. A book I recently read said; When we embrace the state of astonishment as a permanent and glorious reality we will be surprised by Joy! For instance, It's the astonishment of the vagabonds and street folk who were ushered into the lavish wedding banquet at the last minute because the invited guests had nothing better to do. It's the astonishment of the workers who got paid a full days pay for an hours work. It's the astonishment of the Prodigal Son welcomed home with a robe, a ring, and a party when all he hoped for was to simply eat with the servants. It's the astonishment of Sarah, who laughed a real laugh, no longer cynical, as the baby Isaac was placed in her old, wrinkled arm, chalky white and screaming from birth. It's the thing that will call all of us to proclaim when we reach our final destination and first lay eyes on the glories of Heaven, "What could I possibly have done to deserve this?" I am so grateful for my walk not only for the change in me that happened that weekend but also for "astonishment" I feel regularly when I allow myself to "feed" on scripture.

De Colores

From Agape: Peggy Lawton

Hello from Highlands Emmaus Community of Bristol, TN-VA and Abingdon, VA.

We are excited to tell you that our community is having a Men's and Women's Walk at Emory and Henry College of Emory, VA on July 14 - 17, 2022 (Men's Walk #59) and July 21 - 24 (Women's Walk #58).

We ask for your prayers as we move forward with these walks. We cannot wait to see how God moves during these weekends.

DeColores,

Cindy Guthrie

Agape Team, Highlands Emmaus

The Great River Emmaus team from West Central Illinois, Northeast Missouri and Southeast Iowa requests your prayers for the safety and success of their upcoming walks. The Men's walk #29 will be held on August 25-28th and the Women's walk #30 will follow on September 8 -11.

We will meet for a board meeting, July 12th @ 7pm via Zoom.